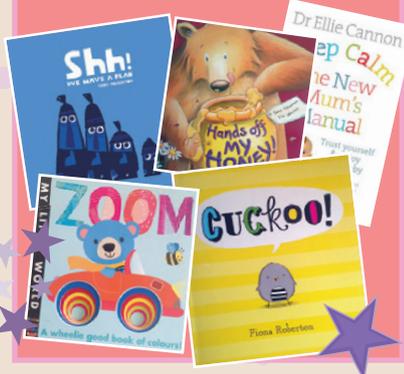


BOOK GIVEAWAY

We have the following fabulous books to give away!

- ★ 3 x copies of Shh! We Have a Plan
- ★ 3 x copies of Hands off my Honey
- ★ 3 x copies of Zoom
- ★ 3 x copies of Cuckoo
- ★ Keep Calm The New Mum's Manual

* Please turn to our contents page for details of how to submit your entry.
Closing date is 15/08/14. Good luck!

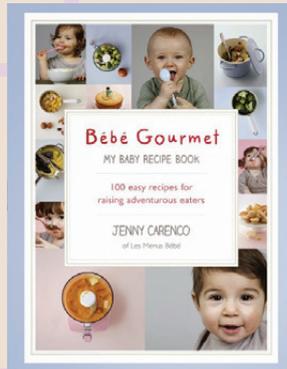


WINNERS CORNER!

Here are some of our little winners from our last issue. Florence who is five months old, loves her copy of 'How to Babysit a Grandad' and Sofia enjoys reading her Laika the Astronaut picture book at bedtime. Thank you for sending your pictures in, happy reading!



Books for Parents...



Bébé Gourmet

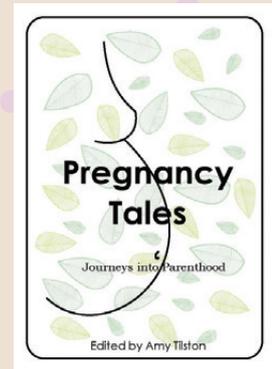
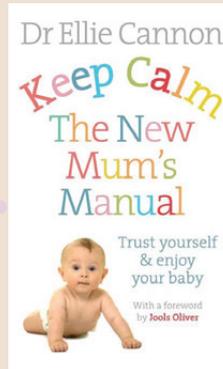
By Jenny Carenco, Vermilion, £14.99

This refreshing baby recipe book isn't just about nutrition, it's about taste and encouraging babies and children to enjoy a wide range of food, and introducing them to more adventurous flavours as they progress through the key development phases from 4 months up. By the founder of leading French baby-food brand Les Menus Bébé, Jenny Carenco, her cookbook is a cool, fuss-free baby recipe book written for real parents. With easy to follow, concise recipes and stylish photography, readers will also enjoy Jenny's tips for success and her five golden rules.

Keep Calm The New Mum's Manual

By Dr Ellie Cannon, Vermilion, £10.99

Keep Calm The New Mum's Manual is a refreshing new resource to help reduce the stress, anxiety and guilt which inevitably come with having a child. Turning the tables on the wealth



of huge parenting manuals and their conflicting advice, GP and mother-of-two Ellie Cannon will empower you to relax, trust your instincts, have faith in your parenting and enjoy more time with your baby. In addition to the multitude of developmental stage anxieties, this book includes chapters on the basic elements of caring for a newborn.

Pregnancy Tales: Journeys into Parenthood

By Amy Tilston, Mercurist Publishing, £9.99

After being fed up with being told what should happen throughout her first pregnancy, Amy Tilston hunted out an online forum full of like-minded mums to be. Discussing everything from morning sickness, to piles and heartburn, Amy set out to create a book full of new life tales and all the highs and lows that come with it. Pregnancy Tales is a collection of real-life experiences as told by the group of women Amy had met on this forum.

FAMILY-FRIENDLY APPS | This season's top parenting apps continued



iBaby

By Benoit Pozzoli, 99p

iBaby is the best way to keep track of breastfeeding sessions, time, duration, which side was nursed on last, and more. iBaby will take the guesswork out and make breastfeeding a lot more manageable.



Wild Time

By Fieldwork, Free

Wild Time was created to encourage more children to spend time outside, time to be spontaneous, to explore, play and imagine. There are no plugs outside, and no need for batteries. Swap some screen time for some Wild Time.



Lifecake – Baby Journal and Photo Sharing

By Lifecake Ltd, Free

An effortless journal of a child's life, parents can share them privately with the people they love. Lifecake alerts loved ones via email when new photos have been added and they can view and leave comments.



Hip Hop Hen

Sophie Carter and Daisy Harrison, £2.99

This new phonics app, hip hop hen, is to help accelerate learning to read. A high quality app with a beautifully illustrated reading scheme it makes learning systematic synthetic phonics fun for little ones.